



LAURA CRUZ

📞 770-625-6551

✉ laurahcruz@gmail.com

PROFILE

Life Coach and M.S. in Clinical and Health Psychology with 12 years of experience in outpatient and inpatient psychotherapy. Extensive training in Cognitive-Behavioral Therapy and evidence-based psychological approaches. Strong interpersonal, communication and time management skills. Organized and detail-oriented with high standards of performance. Fully bilingual (Spanish).

EDUCATION

2024
KENNESAW STATE UNIVERSITY

- Life Coach Certification

2005-2012
UNIVERSIDAD DE LOS ANDES

- B.S Psychology
- M.S Clinical and Health Psychology

RESEARCH EXPERIENCE

- **2012 Master's Thesis**
Preliminary Version of an Instrument for Measuring Treatment Adherence in Cardiac Rehabilitation Patients.

- **2009 Bachelor's Thesis**
Prediction of Bystanders Defending Behavior in School Bullying.

LANGUAGES

- English (Fluent)
- Spanish (Native)

WORK EXPERIENCE

■ **Self-employed** 2018-PRESENT

- Online consultation with international patients.
- Emotion regulation and mindfulness training for non-clinical clients.

■ **Fundacion Clinica Valle del Lili** 2016-2018
Clinical Psychologist

- Outpatient Cognitive-Behavioral therapy for children, adolescents, adults and families.
- Inpatient counseling for hospitalized patients in pediatric oncology, bone marrow transplantation and newborn ICU.
- Performed 2,824 outpatient consultations and 843 inpatient consultations.

■ **We Mind** 2015-2017
Project Manager and Therapist

- Designed and implemented an online platform to deliver cognitive behavior therapy.
- Provided outpatient Cognitive-Behavioral Therapy for children, adolescents, adults and families.
- Developed and implemented an emotion regulation intervention for children and adolescents with emotional disorders.
- Provided consultation with school staff and parents.

■ **Cyan- Behavior Science and Analysys Center**
Junior Therapist 2013-2015

- Provided outpatient Cognitive-Behavioral Therapy for children, adolescents, adults and families.
- Developed and implemented an emotion regulation intervention for children and adolescents with emotional disorders.
- Provided consultation with school staff and parents.



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Florida State University

2013

- Summer internship.
- Provided support and coordination to a counselor's group at the Center for Children and Families.
- Participated in the implementation of Dr. Pelham's behavior modification program for children in a summer camp setting.

Universidad de los Andes

2012-2013

Tutor Coordinator

- Planned and performed the tutor's training program at the Writing Center.
- Supervised tutor's performance and supported their development in the role.
- Participated in the research projects of the Writing Center's research group.

TEACHING EXPERIENCE

Universidad de los Andes

2010-2012

Graduate Teaching Assistant

- Assisted professors in the implementation of writing-based learning activities and evaluations.
- Conducted in-class writing workshops.
- Conducted workshops for training teaching assistants on how to give written feedback to students.

Universidad ICESI

2017-2018

Adjunct Faculty

- Clinical Psychology Basics for medicine school students.

Universidad Javeriana Cali

2016-2017

Adjunct Faculty

- Clinical Psychology I, Behavioral Theory: Fundamentals of Cognitive Behavioral Clinical Psychology.
- Behavioral Therapy Fundamentals.

Universidad ICESI

2015-2016

Adjunct Faculty

- Introduction to Psychology
- Psychology Fundamentals
- Behaviorism